

CARE OF MOUTH AFTER EXTRACTION

- **BLEEDING:** Some bleeding is to be expected. If persistent bleeding occurs, place moist gauze pads over bleeding area and bite down firmly for 30 mins. Repeat if necessary.
- **PAIN:** Within the first hour take Ibuprofen or Acetaminophen as directed.
- **FOOD:** A soft diet is advised during the first day. You may drink, but don't use straws.
- **RINSE/BRUSH:** Do not rinse your mouth today. Brushing your teeth is advised, but do not swish water following brushing.
- **PHYSICAL ACTIVITY:** Physical exertion should be limited the day of extractions. Normal activity can resume the following day.
- **NUMB:** Patient will be numb for approximately 2-3 hours following procedure. Be careful not to bite, suck or play with the area.
- If any unusual symptoms occur, please call us.



PEDIATRIC DENTISTRY
OF THE NORTH SHORE

847.498.1595